



Full name:	Alibayeva Rauan Nurgalievna	
Education:	Higher	
education 1996- 20002001- 20022018- 20212018- 2021 гг.	<ul style="list-style-type: none"> • Al-Farabi Kazakh National University, Bachelor's Degree • Al-Farabi Kazakh National University, Master's Degree • Turan University, PhD Doctoral Studies • 	
since 2003.	Academic degree "Master of Psychology"	
since 2001	. Psychologist, teacher of psychology	
Work experience:	25 years old	
Academic:		
Working for this organization		
Starting from 2024.	П, Professor of practice at Almau, Sharmanov School of Health Sciences	
	General Psychology, Developmental Psychology, Fundamentals of Psychological Training, Personality and Mass Psychology, Workshop on Psychodiagnostics and Differential Psychology, Psychopathology in childhood and adolescence, Medical psychology.	
	Full working day полный рабочий день	
Previous jobs in educational organizations:		
2001- 2024 гг.	Rector of кафедра КазНМУ им. Рector of S. D. Asfendiyarov KazNMU S. D. Asfendiyarov KazNMU Асфендиярова	
	Fundamentals of Psychology, Medical Psychology, Communication Skills, Stress Psychology, Conflictology, Professional Communication Psychology, Management Psychology, Higher School Psychology, Higher School Pedagogy.	

	Full working day полный рабочий день
Non-academic:	
2011-2014	2024-2025-Republican scientific and practical project "Mental health of children and adolescents", Republican Scientific and Practical Center for Mental Health (RSPCPPN), researcher, expert psychologist - Interdepartmental project on suicide prevention. "Current issues in surveys of psychological assistance of the Republic of Kazakhstan", leading specialist, expert.
201201-2017 2017 yr. 4-201	- "Diagnostics and prevention of suicidal behavior of children and adolescents", NGO "Kazakh Psychological Society", researcher, expert psychologist - State research project "Organization of the system of psychological profile and correction of suicidal behavior of adolescents", researcher, expert psychologist.
7	- Republican scientific and practical project "Prevention of auto-destructive behavior of children and adolescents in the organization of education", researcher, expert psychologist.
2015-2020 2020-2020 -2020	
2020-2023	
2024-2025 yr.	
since 2011	Not complete
Professional development:	
09.10.2004-23.11.2004 yr.	12.09.2020-18.12.2020 12.09.2020-18.12.2020 17.09.2025-17.01.2026 - "Selected issues of psychiatry and clinical psychology", 144 h., 144 Novosibirsk State Medical Academy, 4399
02.02.2015-	- "Modern interactive teaching methods", 240 hours, Valencia Polytechnic University, Spain, Valencia, PH 55779; - "Erickson hypnosis", basic course, 260 hours, Almaty, 9EN-181220; - "Express psychotherapy approach "Genesis", 320 hours., city Almaty, 4G-181220

28.02.2015г.	- "Modern cognitive behavioral psychotherapy", 144 hours, B. D. Karvasarsky Institute of Psychotherapy and Medical Psychology, St. Petersburg, C26-0222
12.09.2020-18.12.2020г.	
8.12.2020 г.	
12.09.2020-18.12.2020г.	
8.12.2020 г.	
17.09.2025-17.01.2026г.	
7.01.2026 г.	
Membership in professional organizations:	
since 2015	teaser, teaser NGO "Kazakh Psychological Society"
Awards and prizes:	
2018	-Silver Medal of KazNMU. Asfendiyarova;
2024	-"Best psychologist of the Year"
Activity in the service sector:	
Since 2015	she has been a practicing psychologist (crisis counseling, polymodal approach).
Publications and presentations:	
2012	-Textbook "Karym-katynas psikhologiyasy", co-authors: Sheryazdanova Kh. T., Abeuova I. A., Ermekbayeva L. K.
2022	-Improving the system of preventive measures in the prevention of suicidal behavior of adolescents журнал KazNPUim. Abaya (recommended by KKSON of the Ministry of Education and Science of the Republic of Kazakhstan). Co-authors: Turdalieva Sh. T., Boleev T. K. https://journal-pedpsy.kaznpu.kz/index.php/ped/issue/view/64
2023	- Prophylactic and psycho-corrective measures to prevent suicidal behavior in adolescents. Nauchno-metodicheskiy zhurnal журнал KazNPUim. Abaya (recommended by KKSON of the Ministry of Education and Science of the Republic of Kazakhstan). Том 75 No. 2 (2023): psychology series [Разрыв обтекания Text wrap break] Co-authors: Ormanova Z. K., Boleev T. K. https://bulletin-psychology.kaznpu.kz/index.php/ped/issue/view/18
	- «Diagnosis of suicidal behaviour in adolescents» // Scientific Herald of Uzhhorod University (Scopus). Co-

Full name:	IskhakovaElzara Varisovna	
Education:		
1987-1993	Almaty Institute of Technology (ATU), Process Engineer	
1997-2000	Kainar University, teacher-psychologist, practical psychologist	
2000-2004	Postgraduate study at Kainar University	
2015	PhD thesis defense with the degree of "Candidate of Psychological Sciences" (Russian Federation)	
2021-2023	Master's Degree program at Q UNIVERSITY (ex. Kainar Academy)	
Work experience:		
Academic: 2000-2026	26 years old	
Working for this organization		
August, 2026-present	Professor of practice at Sharmanov School of Health Sciences ALMAU	
I-th half of the 2025-2026 academic year	Fundamentals of psychosocial counseling and therapy Correction and support of the educational process Educational psychology Professional skills and ethics of a psychologist	
in the second half of the 2025-2026 academic year	Adolescent psychology Psychology of parenthood	
Period:	Full-time employment	
Previous jobs in educational organizations:		
	Senior Lecturer at the Academic School of Psychology and Journalism "Q UNIVERSITY"	
	Fundamentals of psychological counseling	

2019-2026	<p>Theory, methodology and practice of scientific research</p> <p>Logotherapy and existential analysis</p> <p>Workshop on psychosocial counseling in various modalities</p> <p>Educational psychology</p> <p>Gender psychology</p> <p>Management Psychology (Master's degree)</p> <p>Inclusive education</p> <p>Management of theses and master's theses</p> <p>Management Psychology (Master's degree)</p>
2015-2018	<p>Psychologist for work with medical personnel of the Department of Psychological and Social Assistance.</p> <p>Lecturer of advanced training courses for specialists of psychological and social departments of healthcare institutions. Kazakh Research Institute of Oncology and Radiology.</p> <p>Psychological support of cancer patients and their relatives. Psychological support of medical personnel in the healthcare sector</p> <p>Part - time employment</p>
2015-2017	<p>Associate Professor, Program leader "Psychology" of the Higher School of Humanities. Caspian University</p> <p>Basics of psychosocial counseling</p> <p>Workshop on psychosocial counseling in various modalities</p> <p>Family Psychology</p> <p>Gender psychology</p> <p>Psychology of management</p> <p>Management of theses</p> <p>Full - time employment</p>
	<p>Senior Lecturer of the Department of Theoretical and Practical Psychology Kazakh National Women's Pedagogical University</p> <p>Fundamentals of psychological counseling</p> <p>Research methods in psychology</p> <p>Psychology of family relations</p>

2005-2017	<p>Educational psychology</p> <p>Psychology of youth</p> <p>Managing theses</p> <p>Management of industrial practice</p>
	Full - time employment
2000-2007	<p>1. Deputy Director for Educational Work, Teacher of psychology at Kainar College at QUNIVERSITY (ex. name-Kainar University).</p> <p>2. Teaching at QUNIVERSITY (Kainar University) - part-time.</p>
	Psychology (for all college majors)
	<p>Experimental Psychology (university)</p> <p>Psychology of Management (university)</p> <p>Age psychology</p>
	Full - time employment
Non-academic:	
2019-2020	<p>Psychologist of the Medical Center "Keruen-Medikus"</p> <p>Employment-part-time</p>
2018 (July-September)	<p>Leading business coach of the HR Development Department.</p> <p>KMF (credit and finance company).</p> <p>Full - time employment</p>
2018 (February-December)	<p>Psychologist-consultant of "KidsClinic" LLP. "VillaKidsClinic"</p> <p>Employment - part-time</p>
1997-2000	Student of the specialty "Pedagogy and Psychology" of the Faculty of "Pedagogy and Psychology" at the Kainar University (training, at that time, the second higher education – 3 years)
1989-1994	Engineer-technologist of knitwear production. Almaty production knitwear Association "AKKU"
1986-1989	<p>Typist of the technical documentation department. Republican House of Models in Almaty.</p> <p>Employment - part-time, combined with studying at a university.</p>
Advanced training (last 5 years):	

30.03.2026- 10.04.2026	Course "Digital literacy: fundamentals of information technologies and their application". Kazakhstan Interregional Center For Advanced Training (Almaty, Kazakhstan). Certificate No. 390092. -80 academic hours.
10.11.2021- 12.11.2025	Program of the course "Organization of the educational process according to the educational programs of secondary vocational education for students with disabilities". Info-urok LLC, Smolensk, Russian Federation. Professional retraining Diploma No. 000000246498 (qualification document). Registration number. No. 233391 – 540 academic hours.
27.03.2024- 30.04.2024	Course "Psychology of management". NGO "Kazakh Psychological Society". Almaty, Kazakhstan. Certificate no. PU-2024-01. – 72 academic hours.
29.02.2024- 30.04.2024	Course «Coaching practices in education». International Center for Educational Technologies (ICET, the Czech Republic), Head of the educational online platform SKLAD. Minsk-Moscow. Certificate No.7200561-72 academic hours
29.02.2024- 30.04.2024	Course " Inclusive vocal education: modern approaches». Educational Technologies (ICET, the Czech Republic), Head of the educational online platform SKLAD. Minsk-Moscow. Certificate #02321–7202321-72 academic hours
30.01.2024- 30.03.2024	Course The magic of a fairy tale course: how to use fairy tales for the development, education and psychological support of children and adults». Educational Technologies (ICET, the Czech Republic), Head of the educational online platform SKLAD. Minsk-Moscow. Certificate No.00429720429-72 academic hours
15.01.2024.01.- 19.01.2024.01.202 4	Course "Innovative methods of teaching psychological subjects" NGO "Kazakh Psychological Society". Almaty, Kazakhstan. 72 academic hours
19.09.2023- 10.11.2023	Course «Keys to understanding a child. Practical diagnostics from 0 to 18 years». Educational Technologies (ICET, the Czech Republic), Head of the educational online platform SKLAD. Minsk-Moscow. Certificate No.0066584academic hours
0665-84 academic hours 26.06.2023- 30.06.2023	Training "Neuro-linguistic programming: effective life". NGO "Kazakh Psychological Society". Almaty, Kazakhstan. Certificate No. int-54/062023 - 72academic hours.

20.03.2023-01.03.2023	Course «Bullying-prevention strategies: ways to promote an anti-bullying school climate». Educational Technologies (ICET, the Czech Republic), Head of the educational online platform SKLAD. Minsk-Moscow. Certificate No.00– 0595-72 academic hours
09.03.2023-10.04.2023	Scientific internship "Modernization of professional activity of psychologists: tools, skills, opportunities". NGO "Kazakh Psychological Society". Almaty, Kazakhstan. Certificate# 006 – 72 academic hours.
06.01.2023-08.01.2023	Seminar of Professor E. V. Zmanovskaya "The phenomenon of normal and pathological dependence in the system of personal relations". NGO "Kazakh Psychological Society". Almaty-Saint Petersburg. Certificate No. 06-06012023- 36 academic hours.
20.06.2022-24.06.2022	Training "Neuro-correction, sensory integration, cerebellar stimulation in working with children with special educational needs". NGO "Kazakh Psychological Society". Almaty, Kazakhstan. CertificateNo. 055-062022- 72 academic hours.
03.03.2022-15.03.2022	Seminar by T. Y.Koloshina "Techniques of working with the deepunconscious". NGO "Kazakh Psychological Society". Almaty-Moscow. CertificateNo. 046-15032022- 7272 akadem. hour's.
15.01.2022-17.01.2022	Seminar of professor T. Y. Koloshina "Psychotherapy of crisis states". NGO "Kazakh Psychological Society". Almaty-Moscow. CertificateNo. 01-17012022- 24 academic hours.
Membership in professional organizations:	
From 2024-until now. time	Founder of the Republican Public Association "Kazakh Psychological Society" (Kazakhstan)
Since 2016	, Corresponding Member of the International Academy of Psychological Sciences (IAPN) (Russian Federation)
Since 2017, May	, the title of Adviser of the Russian Academy of Natural Sciences (RAE) (Moscow, Russian Federation) (diploma)
Awards and prizes:	
25.12.2025	Medal named after Professor S. M. Dzhakupov from the NGO "Kazakh Psychological Society" for contribution to science and education. (No. 00795)
2024, September	Anniversary medal "25 years of IAPN" of the International Academy of Psychological Sciences
24.10.2023	STATE award: Medal " Shapagat " ko Republic Day No. 18351 dated

16.10.2023, 2021, September	Accreditation Title of "International Class Coach" ROO "Kazakh Psychological Society"
2020	Medal named after M. V. Lomonosov from the Russian Academy of Sciences (RF) as a foreign scientist for services to the development of science and education (medal, certificate for the award)
2019, June	"Best Candidate of Sciences-2019", Nur-Sultan-medal, diploma, certificate, Republican book collection "Best Candidate of Sciences-2019" of the Ministry of Education and Science of the Republic of Kazakhstan.
2012-2013 2013 гг.	Scholarship holder of The International Educational Program "Bolashak". Scientific internship at the St. Petersburg State Institute of Psychology and Social Work. Saint Petersburg, Russia.
Activity in the service sector:	
2024-present	Sole Proprietor Center of Psychology ELZA. Practicing psychologist-consultant. Activities: individual, family, couple and spousal counseling and therapy. Professional supervision for specialists of helping professions. Author's training seminars.
Publications and presentations:	
2023	Psychological and pedagogical support for families of children with mental retardation: Training manual / Makhmetova D. E., Iskhakova E. V. , Makhmetova D. T.-Almaty, book Lantar book Publishing House, 2023-183 p
. 2023	Electronic textbook (computer program) "Psychological and pedagogical support for the family of children with mental retardation". Co-authors: Makhmetova D. E., Makhmetova D. T. Certificate of entering information in the state register for No. 40190 dated 06.11.2023.
2023	Electronic textbook (computer program) "Technologies of psychological support for preschool children". Co-authors: Sheryazdanova Kh. T., Kasymova G. M. Certificate of entering information into the State Register of Legal Entities. register for No. 40474 dated 15.11.2023
2022 г	Technologies of psychological support for preschool children. Monograph /Kh. T. Sheryazdanova, G. M. Kasymova, E. V. Iskhakova. – Almaty, Almanac, 2022. - 256 p
. 2021.	Psychology of the teacher: development trends. Educational and methodical manual /Kh. T. Sheryazdanova, E. V. Iskhakova. Almaty, Almanac Publishing House, 2021, 195 p.
New scientific developments (authorship, co-authorship in scientific developments):	

03.12.2024	Methodology for determining computer addiction in adolescent and adolescent children " Author's methodology. Certificate of entering information in the state register forNo. 52062 dated 03.12.2024
03.12.2024	Professional training program for psychologists "Family counseling and family psychotherapy". Certificate of entering information in the state registerNo. 52132 dated 03.12.2024.
15.11.2023	Technologies of psychological support for preschool children. Co-authors: Sheryazdanova Kh. T., Kasymova G. M.Certificate of entering information in the state register for No. 40473 dated 15.11.2023, 30.10.2023.
30.10.2023	Psychological and pedagogical support for families of children with mental retardation. Co-authors: Makhmetova D. E., Makhmetova D. T. Certificate of entering information in the State Register No. 39970 dated 30.10.2023
, 01.07.2021.	Program of the advanced training course for teachers-psychologists "Psychological and pedagogical support of the educational environment in the context of the development of inclusive education" - Certificate of entering information into the State Register of Rights to copyrighted Objects of the Republic of Kazakhstan No. 19123 dated 01.07.2021 (co-authors: M. A. Perlenbetov , A. K. Yessimbekova, A. A. Davletova
18.06.2021	Technology of the fairy-tale therapy method in the practice of psychological assistance. Educational and methodical manual. - Certificate of entering information in the State Register of Rights to objects protected by Copyright No. 18843 dated 18.06. 2021 (co-author- Sheryazdanova Kh. T.).
Additional information:	
2020-present	Chief Coordinator of the Kazakhstan Festival of Psychology "Kazakhstan INTENSIVE" for specialists helping the profession of the NGO "Kazakh Psychological Society"
From 2021 to the present	Lecturer of the teacher training course at the Kazakhstan Interregional Center for Advanced Training under the Program "Psychological and pedagogical support for children with special educational needs in the inclusive education system". The program was approved by the Ministry of Education of the Republic of Kazakhstan. A member of the registry https://www.gov.kz/memleket/entities/edu/documents/details/696458?lang=kk To date, 5573 specialists of educational institutions of the Ministry of Education of the Republic of Kazakhstan have been trained under this program.

RESUME	
Full name:	Andamasova Sandugash Kenzhegalievna 
Education:	
2023–2024	MSc Clinical Psychology, University of Aberdeen, Aberdeen, United Kingdom
	Academic degree: Master of Clinical Psychology (with commendation). Accredited by the British Psychological Society.
2021–2023	Professional qualification: Advanced training in psychotherapy in transactional analysis, PRIMA TA, Almaty, Kazakhstan. Accredited by the European Transactional Analysis Association.
2018-2022	BA Sociology (Minor: Computer Science), Nazarbayev University, Astana, Kazakhstan
Work experience:	
Academic:	
Work in this organization	

2024-present	Professor of Practice, Almaty Management University (AlmaU), Almaty, Kazakhstan
2024-present	List of subjects taught: Methods of Psychological Research (SSHS1069), Developmental Psychology (SSHS1070), Psychology of Deviant Behavior, Statistical Package for Social Sciences, Module of Socio-political science knowledge, Fundamentals of CBT, CBT Workshop, disciplines of the Psychology program (6B03104)
2024-present	Employment: full-time
Previous jobs in educational organizations:	
July 2018-August 2018	English Teacher, Fas Trac Kids Private International School Fas Trac Kids, Almaty, Kazakhstan
July 2018-August 2018	List of subjects taught: English (groups of children from 3 to 15 years)
July 2018-August 2018	Employment: part-time
Non-academic:	
Present time (private practice)	Private practice psychologist, Almaty, Kazakhstan
	Brief description: Conducting psychological consultations and psychotherapy sessions in the CBT and transactional analysis modality
June 2022-December 2022	Psychologist, Center for Psychological Services, Almaty, Kazakhstan
	Brief description: Conducting individual psychotherapy and coaching sessions (more than 50) using transactional analysis; developing the structure of group therapy with metaphorical associative maps. Employment: full-time
May 2021-August 2021	Assistant Psychologist, Center for Psychological Services, Almaty, Kazakhstan
	Brief description: Assisting in psychological counseling, working with children and adolescents (testing, diagnostics), documenting clients' progress. Employment: full-time
June 2021-August 2021	Research Assistant, Nazarbayev University, Astana, Kazakhstan

	Brief description: Coding and analysis of 30 confidential interviews in NVivo on the project on humanization of the penitentiary system in Kazakhstan. Full-time Employment
February 2024-August 2024	Researcher, University of Aberdeen, Aberdeen, UK (remote)
	Brief description: Statistical study "Bias of emotion recognition in social categories", data analysis in SPSS. Employment: part-time work
Professional development:	
30.03.2026 – 10.04.2026	Certificate of advanced training: "Digital Literacy: fundamentals of information technologies and their application", Kazakhstan Interregional Center for Advanced Training, 80 academic hours
June 2025	Certificate: Oxford Diploma — "Death, Grief, Healing in Depth", Oxford School of Learning (instructor: Chris Sivewright), 89hours, data issue date: June 17 June 17, 2025
, 2025 June 2025	Certificate: CBTPractitioner Course(Cognitive Behavioral Therapy), The Academy of Applied Psychology (instructor: Kain Ramsay), 32 hours, issue date: June 17, 2025
Membership in professional organizations:	
Current state	Associate Member of the British Psychological Society (BPS)
Current state	Associate Member of the European Transactional Analysis Association (EATA)
Current	Member of the Kazakhstan Association for the Development of Transactional Analysis
Publications and presentations:	
2025	Darikulova A. K. "Mindfulness as a method of reducing exam anxiety" - collection of RSCI "Personality in search of identity" (ISBN 978-5-6054461-4-9, "Manuscript" Publishing House, 2025). Scientific supervisor: Andamasova S. K.
2025	Bekenova D., Meirman S. "Psychological profile of people with alcohol dependence and people without dependent behavior" — International scientific and practical Conference " Psychology in Kazakhstan and the world: experience, trends and prospects "(collection of articles in memory of the professor Ermentaeva A. R.). Scientific supervisor: Andamasova S. K.
New scientific developments:	

2023-2024	Dissertation study " Bias in Emotion recognition in social categories "(MSc, University of Aberdeen) — quantitative research using SPSS. Assessment: A.
2022	Diploma study " Social trust in private psychologists in Kazakhstan "(BA, Nazarbayev University) - qualitative research with NVivo coding. Rating: A. Supervisor: Dr Gavin Slade.