

AlmaU hosts the **Jarqyn Student Club**, whose activities are aimed at promoting psychological well-being, mutual support, and inclusion within the university community. The Club brings together students who are committed to advancing the values of respect, equality, and mental health awareness.

Club members organize educational events, thematic meetings, open discussions, training sessions, art therapy workshops, and other initiatives designed to strengthen students' psychological well-being, enhance emotional resilience, and foster a culture of mutual support.

Club Instagram account: [jarqyn.almau_support](#)